

THE SPORTING LIFE

Preparations for the Olympic and Paralympic Games Tokyo 2020 are in full swing even as Japan hosts what is proving to be a spectacular Rugby World Cup 2019. In this issue, we look at some of the representative features of sport in Japan, in particular those which underlie their universal appeal and accessibility: their public and private administration, use of science and technology, coaching, and deeply ingrained sports culture. In Japan, people enjoy sports and exercise from a very young age and throughout their lives. Through interviews with former Olympians, sports administrators and coaches, this feature story helps to explain why.

